

# Transcriptome analysis of thyroid tissue in patients with Hashimoto's disease using next-generation sequencing: case-control study

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**Aim:** Hashimoto's thyroiditis (HT) is a common but poorly understood autoimmune disease. Here, we aimed to identify differentially expressed genes and biological signaling pathways associated with HT by comparing whole genome transcriptomes from affected and healthy donors.

**Methods:** As part of a case-control design, we analyzed thyroid tissue RNA sequencing libraries from the Genotype-Tissue Expression Project (v8 release). Donors were divided into two demographically and technically matched groups according to the presence (n=31) or absence of histopathologically confirmed HT in their thyroid tissue samples (n=73). Differential gene expression analysis was performed, followed by pathway enrichment profiling (Hallmark, Kyoto Encyclopedia of Genes and Genomes).

**Results:** In total, we identified 2,809 upregulated genes and 2,348 downregulated genes (fold change >1.5, Benjamini-Hochberg adjusted  $P < 0.05$ ). HT was characterized by pathways associated with T- and B-cell signaling, antigen processing, cytokine-cytokine receptor interactions, phagocytic responses, and cell death. The transition to HT was accompanied by a decreased expression of gene sets related to cell junctions, cell polarity, epithelial and anabolic processes, redox homeostasis, mitochondrial health, and Hippo signaling. Loss of endothelial cell characteristics and positional markers of perivascular fibroblasts followed closely thereafter.

**Conclusions:** The local expansion of cellular, humoral and innate immunity is a hallmark of HT. Cell death dominated the scene, followed by signs of epithelial, endothelial and stromal remodeling of thyroid tissue. This included reciprocal contraction of the terminally differentiated epithelium and (perivascular) endothelium amidst increasing autoimmune activity. Widespread changes in gene activity were observed in various homeostatic processes, including cell metabolism, cellular energetics, and anabolic and catabolic metabolic pathways.

**Keywords:** autoimmune; computational biology; gene expression profiling; RNA-seq; thyroiditis; whole genome sequencing

## Introduction

Hashimoto's thyroiditis (HT) is a common autoimmune disease characterized by the gradual replacement of thyroid follicular architecture by scar tissue and lymphoplasmocytic aggregates (1, 2). It occurs predominantly in middle-aged women and shows a strong familial segregation, as well as a highly variable course of disease. In most patients, thyroid hormone levels are well maintained in the initial phase; over time, life-threatening primary hypothyroidism often develops (1, 2). The etiology of HT remains poorly understood (3), and there are currently very few treatment options beyond lifelong hormone replacement therapy (4), which is often insufficient to restore well-being and overall quality of life (5–7). Thyroid autoimmunity is also associated with pregnancy complications affecting both mother and child (8, 9) and, more importantly, with an increased risk of developing thyroid malignancies (10, 11). There is therefore an urgent need to improve our understanding of the biology of HT.

To achieve this, HT research has recently turned to more advanced technologies, such as next-generation sequencing of bulk tissues and single-cell RNA sequencing (RNA-seq). Both methods allow comprehensive profiling of gene expression on a genome-wide scale and offer a unique opportunity to gain insights into changes in cellular composition and gene activity of complex tissues (12, 13). Consequently, RNA-seq has radically changed our understanding of inflammatory diseases (12, 14), but its application in HT remains modest (15–17). To date, the highest resolution has been achieved in immune cell lines infiltrating the thyroid gland (15–17). In contrast, the epithelial and mesenchymal niches have been comparatively understudied (16–18), due to the low cellular recovery of follicular and stromal components in the single-cell protocols currently in use. In addition, RNA-seq is highly sensitive to technical and biological confounding factors (19–22), sample size and computational details (23), making interpretation of the data an extremely complex task (15). Therefore, it remains difficult to draw a comprehensive picture of HT based on the information from these studies alone, and the simultaneous remodeling of the epithelium, immune system and stroma has yet to be replicated in a single study (17).

Here, we used publicly available whole genome RNA-seq libraries of thyroid tissue from the Genotype-Tissue Expression (GTEx) project (24, 25) to systematically compare the gene expression profiles of affected individuals with those of healthy donors. Our aim was to better characterize the cascade of transcriptional events and to investigate the extent of thyroid tissue remodeling in HT. To this end, we performed an unbiased screening of deeply phenotyped and carefully annotated datasets (26), supported by the extensive literature on best practices in GTEx data (19–22, 24–26).

## Methods

### Participants

A total of 104 tissue donors were included in this case–control study. Donors were divided into two independent groups based on the presence or absence of histopathologically confirmed HT in their thyroid tissue samples. The whole-genome gene expression profiles of the thyroid tissue were then integrated, harmonized and compared between the two groups to search for differentially expressed genes and associated biological pathways.

### Materials

The study material consisted of whole-genome thyroid tissue libraries (expression matrices, dbGaP phs000424.v8.p2) and associated metadata. The following attributes were recorded for each donor: pathology reports, agonal characteristics, technical characteristics, sample processing characteristics and the first five principal components of the genotype (PC1-5). The PC1-5 components provide information about the structure of the donor population in whole-genome genotyping (25). Digitized microscopic images of hematoxylin and eosin-stained thyroid tissue sections from HT patients (Aperio, Leica Biosystems) were downloaded from the GTEx portal. The photomicrographs were visualized using QuPath v0.2.0-m9 (<https://github.com/qupath>, University of Edinburgh, UK). Anonymous and de-identified RNA-seq data were obtained from the GTEx Project Repository (v8, <https://gtexportal.org/home/datasets>). The study was approved by the Ethics Committee of the Faculty of Medicine in Osijek (REG. NO. 2158-61-46-22-89; April 30, 2022).

Of the 574 libraries classified as thyroid tissue (UBERON0002046), 184 control samples and 37 thyroid samples showing histopathologic features of HT were selected for further analysis. Degraded samples, mislabeled libraries, neoplasms, thyroid tissue samples with non-specific changes, and contaminated samples with large vessels, thymus, muscle, adipose tissue, and parathyroid tissue were excluded from the selection (22, 26). After adjusting for confounding factors (age, sex, agonal classification on the Hardy scale (27), RNA integrity, collection facility, and ischemia time), the final comparison included 73 normal and 31 affected tissue libraries. All libraries were independent (one library per unrelated donor), and all donors were over 21 years of age, with a postmortem interval of less than 24 hours.

### RNA sequencing

In brief, RNA sequencing was performed using the Illumina TruSeq protocol (non-stranded, polyA<sup>+</sup> selection; Broad Institute; HiSeq 2000 or HiSeq 2500) on 200 ng of total RNA extracted from 0.5–2 g of thyroid tissue (PAXgene Tissue miRNA Kit, PreAnalytix, Qiagen). The target coverage was ~50 million 76-bp reads (24, 25).

### RNA read quality, alignment, and quantification

The RNA quality after fixation (PAXgene Tissue FIX, Qiagen) was assessed using the RNA Integrity Number (RIN; Agilent Bioanalyzer), with an exclusion threshold of RIN < 5.5 (24, 25). Alignment to the human reference genome (GRCh38/hg38) was performed using STAR

v2.5.3a with GENCODE v26 annotations (56,200 genes). Gene-level quantification was performed by collapsing all gene isoforms into a single transcript.

### Gene expression analysis

Expression values were normalized to the effective library size using the Trimmed Mean of M-values (TMM) approach (28) from the edgeR package (29). Variance stabilization was performed using a rank-based inverse normal transformation (30). Systematic variation (31) was corrected by applying the function *removeBatchEffect* (first three genotype PCs + hidden factors). Hidden factors (representing batch effects) were identified by nonparametric modeling of the expression matrix using the DASC package (convex clustering and nonnegative matrix factorization, regularization parameter  $\lambda = 10^{-3}$ – $10^{-1}$ , factorization rank = 2–10, optimal rank according to cophenetic coefficient = 3, L2 penalty, 100 initializations) (32).

### Transcriptome comparison between HT patients and healthy controls

We tested for differential expression using linear modeling with Bayesian modulation in the limma package (33–35). Compared to other methods, the *lmFit* function is particularly robust for small samples. We defined differential expression as an absolute fold change ( $|FC|$ ) greater than 1.5 and corrected for a false discovery rate (FDR) less than 0.05 using the Benjamini-Hochberg procedure.

### Biological pathway analysis

Biological pathway analysis (Hallmark and C2 sets (36) from the MSigDB v7.4 collection (37)) was performed using a list of differentially expressed genes as input. The significance threshold was set to  $FDR < 0.05$  (1,000 permutations) for gene sets with at least 10 genes (38). Visualization of the C2 pathway (Kyoto Encyclopedia of Genes and Genomes) was performed using the Pathview package under the GNU General Public License ( $\geq 3.0$ ) (39). The lists of differentially expressed genes were also matched with a table of cell markers (Azimuth 2023) (40) and tissue-related transcripts (Human Gene Atlas) from Enrichr (<https://maayanlab.cloud/Enrichr/>) (41). The list of stem cell-associated signatures was obtained from StemChecker (<http://stemchecker.sysbiolab.eu/>) (42).

Gene symbol conversion was performed using the biomaRt package (HUGO Gene Nomenclature Committee/HGNC – Ensembl/ENSG, *H. sapiens*). Gene and transcript classification was based on the Ensembl r105 release. HGNC symbols were used for gene naming throughout the text. The list of matrisome components was retrieved from the M5889 set (the MSigDB collection, Naba\_matrisome).

### Statistical analysis

Continuous data (demographic and technical attributes) were summarized using the median and interquartile range. Categorical data are presented as absolute frequencies and proportions. Contingency tables were analyzed using Fisher's exact test. For non-genomic continuous variables, the Mann-Whitney test was used to examine the difference between the two independent samples. The nonparametric correlation analysis was based

on Spearman’s rank test. All *P*-values were two-sided, with *post-hoc* correction for the number of tests described above. Unless otherwise stated, adjusted *P*-values are reported throughout the text. The Multivariate and Propensity Score Matching Software for Causal Inference was used to adjust for confounding factors (43). Results were visualized using the packages ComplexHeatMap v2.6.2, RColorBrewer v1.1-2, EnhancedVolcano v1.12.0 and ggpubr v0.4.0 in R, version 4.0.3 (R Foundation for Statistical Computing, Vienna, Austria).

Results

The final analysis included a total of 21,077 genes with unique HGNC symbols. Table 1 shows the demographic characteristics of the donors and technical details of the samples. The clear separation between affected and control participants indicates a global differ-

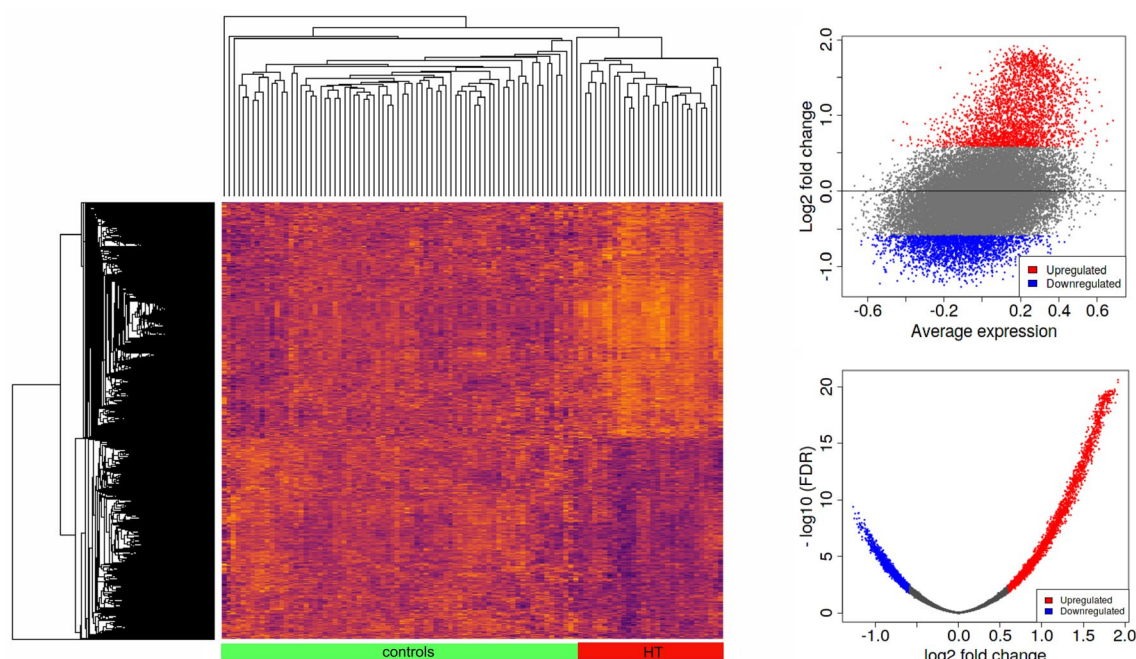
Table 1. Donor demographics with sample processing details (n = 104)\*

| Attributes                  | Category/unit           | HT (n = 31)      | Controls (n = 73) | <i>P</i> † |
|-----------------------------|-------------------------|------------------|-------------------|------------|
| Sex                         | Male/female             | 12/19            | 32/41             | 0.670      |
| Age (years)                 | 20-29                   | 1                | 2                 | 0.865‡     |
|                             | 30-39                   | 2                | 8                 |            |
|                             | 40-49                   | 9                | 17                |            |
|                             | 50-59                   | 6                | 19                |            |
|                             | 60-69                   | 13               | 27                |            |
| Autolysis score (SMATSSCR)  | 0 (no autolysis)        | 5                | 3                 | 0.182      |
|                             | 1 (mild)                | 22               | 59                |            |
|                             | 2 (moderate)            | 4                | 11                |            |
| TISCH (SMTSISCH)            | min.                    | 452 (121-951)    | 449 (163-706)     | 0.924      |
| PAX (SMTSPAX)               | min.                    | 824 (653-1089)   | 776 (631-1077)    | 0.582      |
| RIN (SMRIN)                 | -                       | 6.9 (6.4-7.3)    | 6.7 (6.2-7.2)     | 0.935      |
| Center (SMCENTER)           | B1                      | 23               | 52                | 0.815‡     |
|                             | C1                      | 8                | 21                |            |
| Agonal category (DTHHRDY)   | 0 (ventilator case)     | 19               | 45                | 0.762‡     |
|                             | 1 (fast death, violent) | 1                | 1                 |            |
|                             | 2 (fast death, natural) | 9                | 17                |            |
|                             | 3 (intermediate, ill)   | 1                | 3                 |            |
|                             | 4 (slow death)          | 1                | 7                 |            |
| Total mapped reads (SMMPPD) | × 10 <sup>7</sup>       | 7.66 (6.39-9.24) | 7.83 (6.95-8.99)  | 0.541      |

\*TISCH – ischemic (*post-mortem*) interval, PAX – time spent in PAX fixative, RIN – RNA integrity number, Center – sampling institution. The labels in parentheses are the original abbreviations for specific attributes. Continuous variables are presented as medians with interquartile ranges.  
†Mann-Whitney test.  
‡Generalized Fisher exact test (Freeman-Halton extension).



ence in gene expression between diseased and healthy thyroid tissue (**Figure 1**). Most of those affected were women over the age of 40, although age and gender were similarly distributed in the control group. The lowest RIN score was 5.5 and the highest recorded score was 9.7. Ten donors had histologically severe/diffuse HT, nine had focal areas of lymphocytic thyroiditis, and the remainder were classified as moderate HT (Figure S1 in our online dataset (44)). Broadly speaking, late-stage HT was associated with higher transcriptional variability, but none of these subgroups were large enough to support subgroup analysis. There were no significant differences between groups in terms of sample preservation, ischemia time, tissue fixation, or cause of death. Sequencing depth was similar in both groups.



**Figure 1.** Overview of differentially expressed genes. **Panel A.** Hierarchical clustering (Euclidean distance, method = complete linkage). Lighter shades correspond to higher expression levels. **Panel B.** Bland-Altman representation of differentially expressed genes. FDR – false discovery rate (Benjamini-Hochberg), HT – Hashimoto's thyroiditis. Created using ComplexHeatmap R package (<https://www.rdocumentation.org/packages/ComplexHeatmap/versions/1.10.2>).

Among differentially expressed transcripts ( $FDR < 0.05$ ,  $|FC| > 1.5$ ), 2,809 genes showed significantly higher and 2,348 significantly lower expression in the affected thyroid tissues (**Figure 1**), with the top 45 hits from both lists presented in Table S1 in our online dataset (44). Protein-coding genes were the most abundant transcript type, followed by long non-coding RNAs and immunoglobulin variable regions, as presented in Table S2 in our online dataset (44). The results of the biological pathway analysis for the C2 and H sets from MSigDB are summarized in **Table 2** and **Table 3**, respectively. Pathway analysis revealed that activation of the immune system was paramount (T cell and B cell signaling, **Figure 2**, along with cell death and cytotoxicity-related processes (**Figure 3**, **Table 2**).

Table 2. Pathway analysis, MSigDB v7.4, Kyoto Encyclopedia of Genes and Genomes\*

| Process                                   | Enriched |           |                        | Process                   | Depleted |           |                        |
|-------------------------------------------|----------|-----------|------------------------|---------------------------|----------|-----------|------------------------|
|                                           | NES      | No. genes | P*                     |                           | NES      | No. genes | P†                     |
| Cytokine-cytokine receptor interactions   | 2.65     | 227       | 1.8 × 10 <sup>-4</sup> | Oxidative phosphorylation | -2.60    | 110       | 3.6 × 10 <sup>-4</sup> |
| Natural killer cell-mediated cytotoxicity | 2.57     | 87        | 1.8 × 10 <sup>-4</sup> | AMPK signaling pathway    | -2.12    | 111       | 3.6 × 10 <sup>-4</sup> |
| Th1 and Th2 cell differentiation          | 2.44     | 72        | 1.8 × 10 <sup>-4</sup> | Autophagy                 | -1.96    | 133       | 3.7 × 10 <sup>-4</sup> |
| T cell receptor signaling                 | 2.41     | 95        | 1.8 × 10 <sup>-4</sup> | Hippo signaling pathway   | -1.90    | 27        | 4.8 × 10 <sup>-3</sup> |
| Th1 cell differentiation                  | 2.37     | 84        | 1.8 × 10 <sup>-4</sup> | Adherent junctions        | -1.85    | 68        | 1.2 × 10 <sup>-3</sup> |
| B cell receptor signaling                 | 2.37     | 66        | 1.8 × 10 <sup>-4</sup> | Insulin signaling pathway | -1.80    | 128       | 3.7 × 10 <sup>-4</sup> |
| Chemokine signaling                       | 2.36     | 169       | 1.8 × 10 <sup>-4</sup> | Mitophagy                 | -1.80    | 65        | 2.9 × 10 <sup>-3</sup> |
| NF-kappa B signaling pathway              | 2.23     | 96        | 1.8 × 10 <sup>-4</sup> | Selenocompound metabolism | -1.79    | 15        | 1.6 × 10 <sup>-2</sup> |
| Cell adhesion molecules                   | 2.20     | 118       | 1.8 × 10 <sup>-4</sup> | Tight junctions           | -1.77    | 150       | 3.9 × 10 <sup>-4</sup> |
| Processing and presentation               | 1.97     | 36        | 8.6 × 10 <sup>-4</sup> | Pentose phosphate pathway | -1.74    | 24        | 2.1 × 10 <sup>-2</sup> |
| Autoimmune thyroid disease                | 1.96     | 16        | 1.7 × 10 <sup>-3</sup> | mTOR signaling pathway    | -1.69    | 143       | 9.7 × 10 <sup>-4</sup> |
| Complement and coagulation cascades       | 1.88     | 67        | 5.6 × 10 <sup>-4</sup> | Glutathione metabolism    | -1.68    | 44        | 1.6 × 10 <sup>-2</sup> |
| Necroptosis                               | 1.86     | 121       | 3.6 × 10 <sup>-4</sup> | Fatty acid metabolism     | -1.61    | 52        | 2.3 × 10 <sup>-2</sup> |
| Leukocyte transendothelial migration      | 1.80     | 103       | 5.9 × 10 <sup>-4</sup> | Focal adhesions           | -1.55    | 193       | 3.2 × 10 <sup>-3</sup> |
| Apoptosis                                 | 1.80     | 128       | 4.6 × 10 <sup>-4</sup> | Axon guidance             | -1.54    | 170       | 3.0 × 10 <sup>-3</sup> |
| Fc receptor-mediated phagocytosis         | 1.76     | 86        | 2.5 × 10 <sup>-3</sup> |                           |          |           |                        |
| TNF signaling pathway                     | 1.66     | 103       | 5.1 × 10 <sup>-3</sup> |                           |          |           |                        |
| Cell cycle                                | 1.51     | 119       | 2.2 × 10 <sup>-2</sup> |                           |          |           |                        |

\*Abbreviations: Th – T helper, NES – normalized enrichment score, mTOR – mammalian target of rapamycin, AMPK 5' – adenosine monophosphate-dependent protein kinase, NF – nuclear factor, TNF – tumor necrosis factor.  
†Corrected P-value.

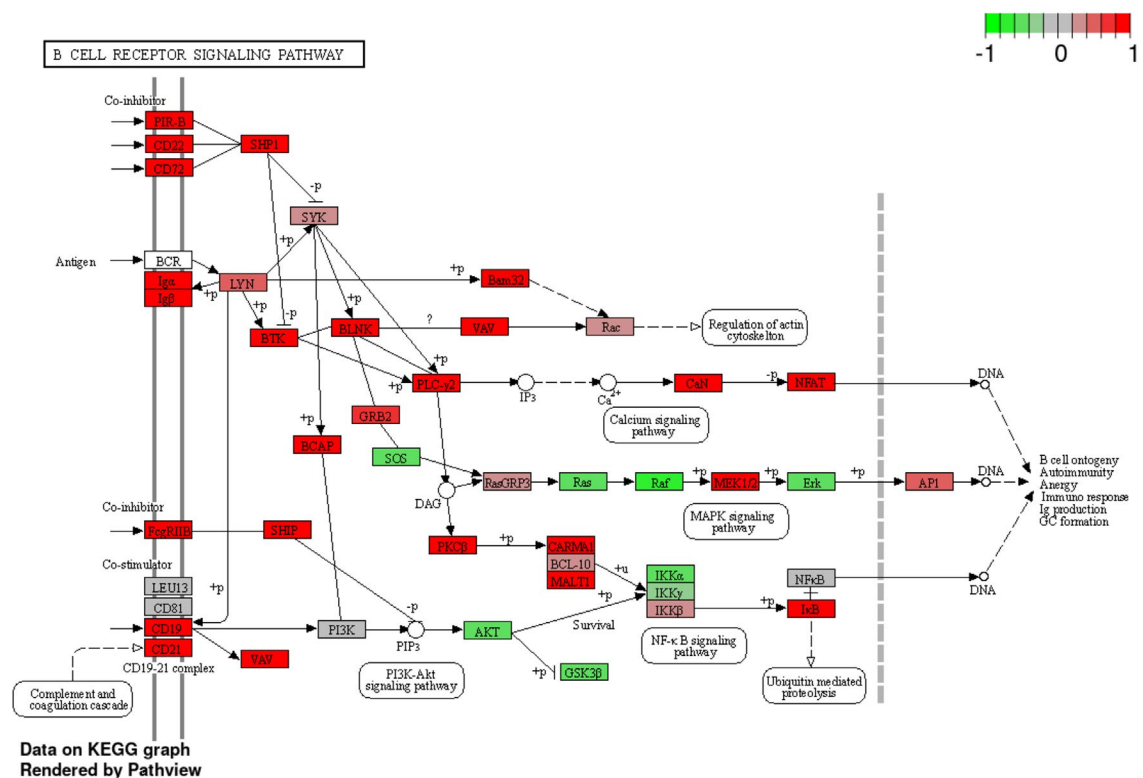
Table 3. Pathway analysis, MSigDB v7.4, Hallmark\*

| Process                   | Enriched expression |           |                        | Process                   | Depleted expression |           |                        |
|---------------------------|---------------------|-----------|------------------------|---------------------------|---------------------|-----------|------------------------|
|                           | NES                 | No. genes | P†                     |                           | NES                 | No. genes | P†                     |
| Allograft rejection       | 3.12                | 175       | 6.9 × 10 <sup>-5</sup> | Oxidative phosphorylation | -2.69               | 198       | 1.7 × 10 <sup>-4</sup> |
| Interferon-gamma response | 2.90                | 185       | 6.9 × 10 <sup>-5</sup> | Protein secretion         | -2.65               | 95        | 1.6 × 10 <sup>-4</sup> |
| Interferon-alpha response | 2.56                | 89        | 6.9 × 10 <sup>-5</sup> | Adipogenesis              | -2.38               | 196       | 1.7 × 10 <sup>-4</sup> |
| IL6 JAK STAT3 signaling   | 2.47                | 83        | 6.9 × 10 <sup>-5</sup> | Fatty acid metabolism     | -2.11               | 151       | 1.7 × 10 <sup>-4</sup> |
| Inflammatory response     | 2.45                | 189       | 6.9 × 10 <sup>-5</sup> | Reactive oxygen species   | -1.81               | 45        | 3.4 × 10 <sup>-3</sup> |
| Complement                | 2.09                | 187       | 6.9 × 10 <sup>-5</sup> | Myogenesis                | -1.74               | 188       | 1.7 × 10 <sup>-4</sup> |

Table 3. (continued)

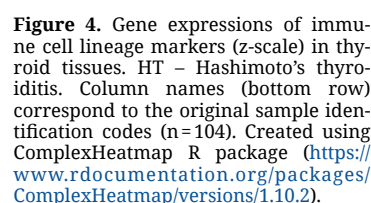
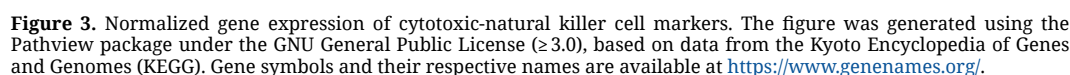
| Process                 | Enriched expression |           |                      | Process                           | Depleted expression |           |                      |
|-------------------------|---------------------|-----------|----------------------|-----------------------------------|---------------------|-----------|----------------------|
|                         | NES                 | No. genes | P†                   |                                   | NES                 | No. genes | P†                   |
| IL2 STAT5 signaling     | 2.03                | 96        | $6.9 \times 10^{-5}$ | Androgen response                 | -1.46               | 98        | $2.4 \times 10^{-2}$ |
| TNFA signaling via NFkB | 2.03                | 190       | $6.9 \times 10^{-5}$ | Xenobiotic metabolism             | -1.37               | 179       | $1.9 \times 10^{-2}$ |
| E2F targets             | 2.02                | 197       | $6.9 \times 10^{-5}$ | Glycolysis                        | -1.35               | 190       | $2.0 \times 10^{-2}$ |
| G2-M checkpoint         | 1.8                 | 197       | $6.9 \times 10^{-5}$ | Epithelial-mesenchymal transition | -1.34               | 199       | $2.1 \times 10^{-2}$ |
| KRAS signaling up       | 1.7                 | 188       | $1.6 \times 10^{-4}$ |                                   |                     |           |                      |
| P53 pathway             | 1.39                | 197       | $3.3 \times 10^{-2}$ |                                   |                     |           |                      |

\*Abbreviations: NES – normalized enrichment score, IL – interleukin, JAK – Janus kinase, STAT – signal transducer and activator of transcription, TNF – tumor necrosis factor.  
†Corrected *P*-value.



**Figure 2.** The expression of genes related to the B cell receptor and the distal signaling pathways in the thyroid gland. The figure was generated using the Pathview package under the GNU General Public License (≥ 3.0), based on data from the Kyoto Encyclopedia of Genes and Genomes (KEGG). Gene symbols and their respective names are available at <https://www.genenames.org/>.

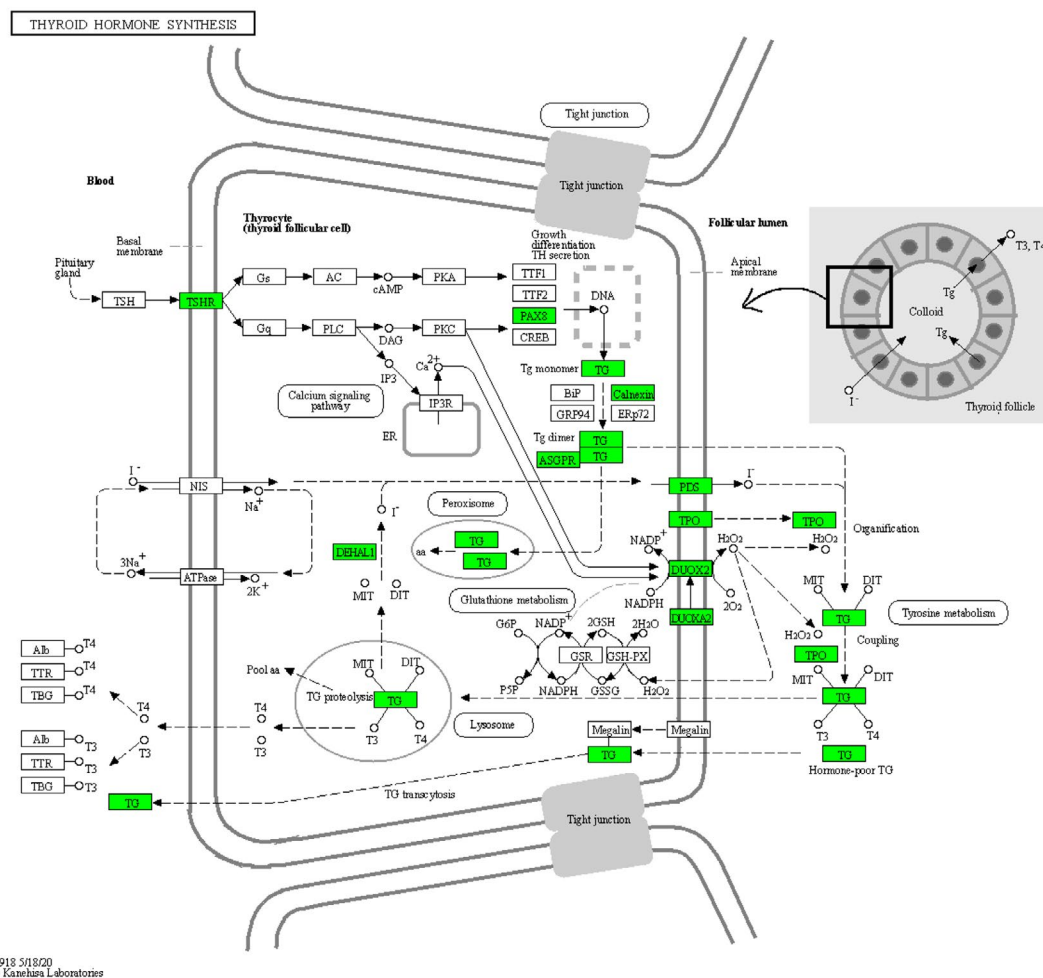




In addition to the T-cell receptor (TCR) chains of conventional (TRAV1-2<sup>neg</sup>) αβ-T cells, the expression of gamma-chain TCRs (TRGV2/5/7/9-10, TRGC1) was significantly increased. Among the lineage-specific markers (Figure 4), the master regulators of T-helper (Th) type 1 and 2 responses were highly enriched. In the B cell lineage (MS4A1, CD79A), the telltale markers of activation and maturation were particularly present (cells of the light and dark zone of the germinal center, plasmablasts, activated and memory B cells). In addition to lymphoid immunity, myeloid markers were also enriched, indicating the presence of macrophages and dendritic cells (FDCSP, log<sub>2</sub>FC = 1.21,  $P = 2 \times 10^{-9}$ , Figure 4) (45).

Among the highly enriched cytokine gene transcripts, as presented in Figure S2 in our online dataset (44), chemotaxis, adhesion and migration were prominent in functional analysis, followed by transendothelial recruitment, lymphoid organization (CCL19, log<sub>2</sub>FC = 1.22,  $P = 4.3 \times 10^{-9}$ ; CXCL9, log<sub>2</sub>FC = 1.39,  $P = 3.9 \times 10^{-12}$ ) and tissue retention of inflammatory cells (16).

Among the downregulated gene transcripts, loss of key components that support cellular architecture and tissue maintenance was evident, along with loss of genes for planar cell polarity (PCP4, FAT4, CELSR2, RYK, PHACTR4;  $-0.7 < \log_2\text{FC} < -0.6$ ,  $0.0018 < P < 0.0066$ ) and in-

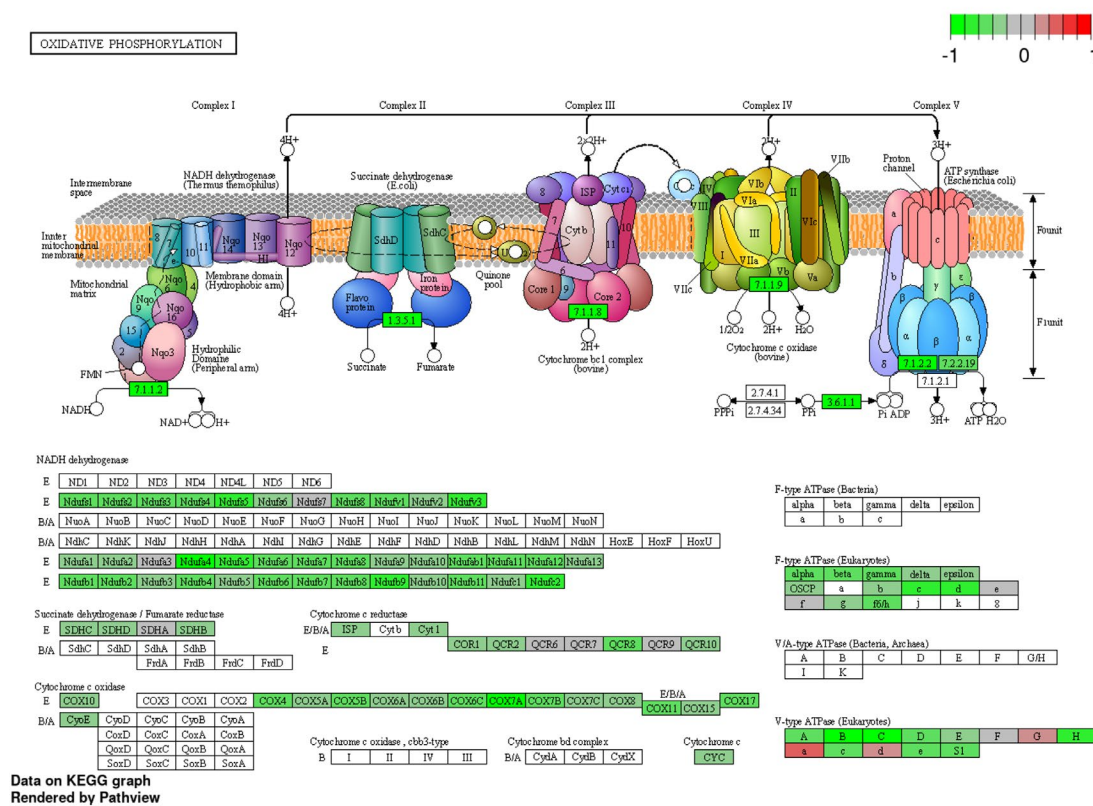


**Figure 5.** Gene expression from the iodine organification and thyroxine biosynthesis pathways in thyroid tissue. Green color indicates significantly reduced expression (FDR < 0.05). The figure was generated using the Pathview package under the GNU General Public License (≥ 3.0), based on data from the Kyoto Encyclopedia of Genes and Genomes. Gene names are available at <https://www.genenames.org/> (HGNC symbols).





was disruption of glutathione metabolism (Table 2) and loss of oxidative stress-responsive detoxification (Table 3), both of which play a central, cytoprotective role in maintaining thyroid follicular cell redox homeostasis. Metabolically, downregulation of anabolic processes (mTOR signaling, insulin signaling, pentose phosphate pathway) coincided with transcriptional dysregulation of autophagy (Table 2), mitochondrial dysfunction, impaired oxidative phosphorylation (Figure 7, Table 2, Table 3), and altered lipid catabolism ( $\beta$ -oxidation) (15). Apparently, many transcripts associated with stem cell biology were also lost (Table S4, (44)), including  $\beta$ -catenin (CTNNB1), a canonical signal transducer from the Wnt signaling pathway ( $\log_2FC = -0.64$ ,  $P = 2.9 \times 10^{-3}$ ), the Wntless co-receptor LRP6 ( $\log_2FC = -1.18$ ,  $P = 1.7 \times 10^{-8}$ ) and Leucine-Rich Repeat-Containing G protein-Coupled Receptor 5, a Wntless target (LGR5,  $\log_2FC = -0.89$ ,  $P = 5.9 \times 10^{-5}$ ). In contrast, a pronounced increase in downstream signaling was observed along the TNF $\alpha$  and interferon- $\alpha/\gamma$  pathways (Table 3).



microenvironment, as shown in Figure S4 (44). Of the 214 differentially expressed genes belonging to extracellular matrix components, 139 were overexpressed.

## Discussion

In this study, high-quality whole-genome transcriptomes were used to compare gene expression in healthy and diseased thyroid tissue. The samples reviewed contained detailed donor data, allowing advanced corrections to reduce bias. Documented GTEx procedures ensure reproducible, systematic RNA-seq analysis and provide structured approaches for end users (26).

The comparison shows that extensive transcriptional remodeling occurs in thyroid tissue affected by HT, encompassing multiple cell lineages. No cellular niche was spared, with epithelial and endothelial compartments shrinking under the autoimmune assault. Particularly striking is the marked increase in transcripts associated with adaptive immunity and lymphoid organogenesis (T cells, B cells, plasma cells) (16, 17, 49–51), accompanied by increased innate phagocytic activity (52, 53). Both Th1 and Th2 T cell programs have been observed, from transcriptional regulators to cytokines (3, 54, 55), alongside non-canonical  $\gamma\delta$  T cells (56), whose role remains unclear (57). There was also evidence of inflammatory cell recruitment, antigen presentation (58, 59), complement activation, antibody-dependent cytotoxicity, perforin/granzyme-mediated cytolysis and pro-apoptotic signaling (3, 60), consistent with and extending previous findings (3, 61–63). These results emphasize that GTEx and bulk RNA-seq are valuable resources when used carefully and provide a unified framework linking previous studies of candidate genes, genetic associations, and animal disease models (54).

This study expands the catalog of downregulated transcripts and highlights the loss of signature markers for mature follicular epithelial cells (17, 18, 64, 65), decreased expression of molecules critical for epithelial communication, and disruption of the thyroxine biosynthetic pathway (66). These findings are consistent with histologic evidence of epithelial destruction and loss of follicular architecture (1, 3), but have often remained elusive in recent mapping efforts (15, 16). We also found transcriptional evidence of mitochondrial (15) and ciliary remodeling (67–69), impaired oxidative phosphorylation, impaired anabolic metabolic pathways, and altered planar cell polarity (69, 70). These results complement the data on the defects in proteostasis (15, 71, 72) and autophagy (73) and provide further details on the functional impairments (18). However, the underlying cellular phenotypes remain unclear, as thyroid follicular cells likely exist in transitional states along the epithelial-mesenchymal continuum (17, 18, 64, 65, 74). The effects of HT on epithelial cell composition remain unexplored.

The loss of epithelial markers was accompanied by evidence of endothelial cell dysfunction, with significant but uneven downregulation of canonical endothelial (75) and pericyte markers, suggesting (peri)vascular remodeling of the angiofollicular unit (76, 77). These findings are broadly consistent with concepts of stromal and endothelial reprogramming in malignancy and inflammation (48, 78, 79). In such context, perivascular populations

may also act as precursors of specialized fibroblasts (16–18, 80), but the fate of the endothelial compartment in HT and its role in thyroid repair or fibrosis remains unclear.

Extensive transcriptional remodeling of the extracellular matrix was observed, including the loss of basement membrane collagens and their replacement by newly produced elements (81). Altered expression of enzymes that regulate collagen deposition, cross-linking and matrix turnover was a striking feature of HT thyroids (17). Numerous soluble molecules and growth factors with known roles in stromal and epithelial homeostasis, wound healing and stem cell biology were identified (46, 77, 79, 82, 83), linking epithelial-stromal interactions (16–18) to differentiation of epithelial stem cells in specialized niches (84, 85). The extent of gene deregulation associated with stromal remodeling is consistent with thyroid fibrosis, a hallmark of HT, but provides a deeper understanding of the follicular microenvironment. A complete single cell count of thyroid fibroblasts remains an unmet need.

This transcription atlas provides valuable biomarkers but has important limitations. The results have not been replicated in independent cohorts and no immunohistochemical validation of the markers has been performed, which is important because mRNA levels do not always correlate with protein expression or cell phenotypes. RNA-seq cannot resolve cell-specific gene expression and requires single-cell RNA-seq or scATAC-seq, especially to detect rare cell populations. Combining RNA-seq samples across different histologic stages of HT can highlight large effects while masking subtle changes. Most of the donors were older women, limiting broader applicability. Some of them probably received L-thyroxine (T4), which may affect the expression of inflammatory genes to a small extent (86), although it has no effect on overall disease progression.

This study improves and extends the current knowledge of the extent of gene deregulation in thyroid tissue affected by HT. The result of this work is a transcriptomic atlas that improves our understanding of the biology of HT and provides a basis for future translational research.

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